

## LEARN TO COPE offers:

- **Weekly meetings** where our members share experiences, resources and strategies from their own journeys as they help their loved ones to treatment and recovery from opiates and other drugs.
- **A private, 24/7 online discussion board.**
- **Guest speakers** including individuals in long term recovery and addiction professionals.
- **Training in overdose prevention and the administration of nasal Narcan**, a drug that reverses potentially fatal overdoses, keeping the hope of recovery alive for many families.
- **Educational programs and speaking events** at health fairs, schools and community organizations.

*Times and locations are subject to change. Please visit the "Meetings" section on [www.learn2cope.org](http://www.learn2cope.org) for the latest information, or call 508-738-5148 with any questions.*



A peer-led support network for families dealing with addiction and recovery

[www.learn2cope.org](http://www.learn2cope.org)

 [facebook.com/LTCHope](https://facebook.com/LTCHope)  [@L2CHope](https://twitter.com/L2CHope)

## MEETINGS

### BROCKTON

**Mondays 7–8:30PM**  
Independence Academy  
460-R Belmont St.  
*Entrance is in rear of building.*

### CAMBRIDGE

**Mondays 7–8:30PM**  
Spaulding Hospital  
1575 Cambridge St.  
3rd Floor Chapel  
*Use free visitor Parking Lot E on Hovey Ave.*

### DEDHAM

**Wednesdays 7–8:30PM**  
Mother Brook Arts & Community Center  
123 High St.

### DORCHESTER

**Thursdays 7–8:30PM**  
IBEW Local Union  
256 Freeport St.

### FALL RIVER

**Mondays 7–8:30PM**  
Southcoast Centers for Cancer Care  
Mooney Conf. Room  
506 Prospect St.

### FRAMINGHAM

**Wednesdays 7–8:30PM**  
Edward M. Kennedy Community Health Center (Framingham Center) 354 Waverly St.  
3rd Floor—Conference Room C

### FRANKLIN

**Mondays 7–8:30PM**  
First Universalist Society  
262 Chestnut St.

### GARDNER

**Tuesdays 7–8:30PM**  
Heywood Hospital  
242 Green St.  
Conf. Room A—  
Main Entrance

### GLOUCESTER

**Wednesdays 7–8:30PM**  
Rose Baker Senior Center  
6 Manuel F. Lewis St.

### GREENFIELD

**Tuesdays 7–8:30PM**  
Greenfield Community College Main Building,  
2nd floor, C-208 Multi-purpose Room

### HANOVER

**Thursdays 7–8:30PM**  
South Shore Vocational Technical High School  
476 Webster St.  
Brass Lantern Restaurant

### HAVERHILL

**Thursdays 7–8:30PM**  
Sacred Hearts Parish  
165 South Main St.  
Bradford, Ma.

### HOLYOKE

**Thursdays 7–8:30PM**  
Providence Behavioral Health Hospital  
1233 Main St. (Route 5)  
1st Floor Auditorium

### HUDSON

**1<sup>st</sup> and 3<sup>rd</sup> Monday 7–8:30PM**  
Hudson Senior Center  
29 Church St.

### IPSWICH

**Wednesday 7–8:30PM**  
Immanuel Baptist Church,  
45 Central St.

### LOWELL

**Wednesdays 7–8:30PM**  
Saints Medical Center  
1 Hospital Drive

### NEW BEDFORD

**Tuesdays 7–8:30PM**  
St. Luke's Hospital  
101 Page St.  
*White Home Building to the right of ER.*

### PITTSFIELD

**Tuesdays 7–8:30PM**  
Berkshire Medical Center, Cancer Center HEAL Community Room  
165 Tor Court

### PLYMOUTH

**Mondays 7–8:30PM**  
Beth Israel Deaconess Hospital  
275 Sandwich St.  
*Main Entrance off Obery St. Funkhouser Room A*

### QUINCY

**Tuesdays 7–8:30PM**  
A New Way Recovery Center  
85 Quincy Avenue

### SALEM

**Thursdays 7–8:30PM**  
Salem Hospital  
81 Highland Avenue  
Davenport Conf. Room 102A.  
*Park behind hospital by Shaughnessy/Spaulding North. Use back entrance. Room on the right.*

### TAUNTON

**Wednesdays 7–8:30PM**  
Parker Middle School  
60 Williams St.  
Library

### TEWKSBURY

**Tuesdays 7–8:30PM**  
Tewksbury Memorial High School  
320 Pleasant St.

### WORCESTER

**Thursdays 7–8:30PM**  
ADCARE Hospital  
107 Lincoln St.  
Conference Room: BCRB, one floor down from lobby

### YARMOUTH

**Tuesdays 7–8:30PM**  
Yarmouth Police Headquarters  
340 Higgins Crowell Road, Community Room