

LEARN TO COPE offers:

- **Weekly meetings** where our members share experiences, resources and strategies from their own journeys as they help their loved ones to treatment and recovery from opiates and other drugs.
- **A private, 24/7 online discussion board.**
- **Guest speakers** including individuals in long term recovery and addiction professionals.
- **Training in overdose prevention and the administration of nasal Narcan**, a drug that reverses potentially fatal overdoses, keeping the hope of recovery alive for many families.
- **Educational programs and speaking events** at health fairs, schools and community organizations.

Times and locations are subject to change. Please visit the "Meetings" section on www.learn2cope.org for the latest information, or call 508-738-5148 with any questions.



A peer-led support network for families dealing with addiction and recovery

www.learn2cope.org

 [facebook.com/LTCHope](https://www.facebook.com/LTCHope)  [@L2CHope](https://twitter.com/L2CHope)

MEETINGS

BROCKTON

Mondays 7–8:30PM
Independence Academy
460-R Belmont St.
Entrance is in rear of building.

CAMBRIDGE

Mondays 7–8:30PM
Spaulding Rehab Hospital
1575 Cambridge St.
3rd Floor Chapel
Free parking first lot on Hovey St.

DEDHAM

Wednesdays 7–8:30PM
Mother Brook Arts & Community Center
123 High St.

DORCHESTER

Thursdays 7–8:30PM
IBEW Local Union
256 Freeport St.

DUDLEY

**1st and 3rd Monday
7–8:30PM**
Dudley Senior Center
71 West Main Street

FALL RIVER

Mondays 7–8:30PM
Southcoast Centers for Cancer Care
Mooney Conf. Room
506 Prospect St.

FRAMINGHAM

Wednesdays 7–8:30PM
Edward M. Kennedy Community Health Center (Framingham Center) 354 Waverly St.
3rd Floor, Conf. Room C

FRANKLIN

Mondays 7–8:30PM
First Universalist Society
262 Chestnut St.

GARDNER

Tuesdays 7–8:30PM
Heywood Hospital
242 Green St.
Conf. Room A—
Main Entrance

GLOUCESTER

Wednesdays 7–8:30PM
Rose Baker Senior Center. 6 Manuel F. Lewis St. 2nd Floor

GREENFIELD

Tuesdays 7–8:30PM
Greenfield Community College Main Building,
2nd floor, C-208 Multi-purpose Room

HANOVER

Thursdays 7–8:30PM
South Shore Vocational Technical High School
476 Webster St.
Brass Lantern Restaurant

HAVERTHILL

Thursdays 7–8:30PM
Sacred Hearts Parish Hall. 165 South Main St. Bradford, Ma.

HOLYOKE

Thursdays 7–8:30PM
Providence Behavioral Health Hospital
1233 Main St. (Route 5)
1st Floor Auditorium

HUDSON

**2nd and 4th Monday
7–8:30PM**
Hudson Senior Center
29 Church St.

IPSWICH

Wednesday 7–8:30PM
Immanuel Baptist Church, 45 Central St.

LOWELL

Wednesdays 7–8:30PM
Lowell General Saints Campus
1 Hospital Drive
1st Floor Conf. Room

NEW BEDFORD

Tuesdays 7–8:30PM
St. Luke's Hospital
101 Page St.
White Home Building to the right of ER.

PITTSFIELD

Tuesdays 7–8:30PM
Berkshire Medical Center, Cancer Center HEAL Community Room
165 Tor Court

PLYMOUTH

Mondays 7–8:30PM
Beth Israel Deaconess Hospital
275 Sandwich St.
Main Entrance off Obery St. Funkhouser Room A

QUINCY

Tuesdays 7–8:30PM
A New Way Recovery Center
85 Quincy Avenue

SALEM

Thursdays 7–8:30PM
Salem Hospital
81 Highland Avenue
Davenport Building room 102A.
Use Children's Hospital Entrance.

TAUNTON

**Wednesdays
7–8:30PM**
Parker Middle School
60 Williams St.
Library

TEWKSBURY

Tuesdays 7–8:30PM
Tewksbury Memorial High School
320 Pleasant St.

WORCESTER

Thursdays 7–8:30PM
ADCARE Hospital
107 Lincoln St.
Conference Room: BCRB, one floor down from lobby

YARMOUTH

Tuesdays 7–8:30PM
Yarmouth Police Headquarters
340 Higgins Crowell Road, Community Room