

LEARN TO COPE offers:

- **Weekly meetings** where our members share experiences, resources and strategies from their own journeys as they help their loved ones to treatment and recovery from opiates and other drugs.
- **A private, 24/7 online discussion board.**
- **Guest speakers** including individuals in long term recovery and addiction professionals.
- **Training in overdose prevention and the administration of nasal Narcan**, a drug that reverses potentially fatal overdoses, keeping the hope of recovery alive for many families.
- **Educational programs and speaking events** at health fairs, schools and community organizations.

Times and locations are subject to change. Please visit the "Meetings" section on www.learn2cope.org for the latest information, or call 508-738-5148 with any questions.



A peer-led support network for families dealing with addiction and recovery

www.learn2cope.org

 facebook.com/LTCHope  [@L2CHope](https://twitter.com/L2CHope)

MEETINGS

ATTLEBORO

Thursdays 7–8:30PM
City Hall Annex
Basement of RMV Bldg.
75 Park St. – Side Door

BROCKTON

Mondays 7–8:30PM
Good Sam Med. Center
Moakley Outpatient Ent
Moakley Conf. Room
235 N. Pearl St.

CAMBRIDGE

Mondays 7–8:30PM
Spaulding Rehab Hospital
1575 Cambridge St.
3rd Floor Chapel
Free parking first lot on
Hovey St.

DEDHAM

Wednesdays 7–8:30PM
Mother Brook Arts &
Community Center
123 High St.

DORCHESTER

Thursdays 7–8:30PM
IBEW Local Union
256 Freeport St.

FRAMINGHAM

Wednesdays 7–8:30PM
Edward M. Kennedy
Community Health
Center (Framingham
Center) 354 Waverly St.
3rd Floor, Conf. Room C

FRANKLIN

Mondays 7–8:30PM
First Universalist Society
262 Chestnut St.

GARDNER

Tuesdays 7–8:30PM
Heywood Hospital
242 Green St.
Conf. Room A—
Main Entrance

GLOUCESTER

Wednesdays 7–8:30PM
Rose Baker Senior
Center, 6 Manuel F.
Lewis St., 2nd Floor

GREENFIELD

1st & 3rd Tuesday
7–8:30PM
Greenfield Community
College Main Bldg.
2nd Floor, C-208 Multi-
purpose Room

HANOVER

Thursdays 7–8:30PM
South Shore Vocational
Technical High School
476 Webster St.
Brass Lantern Restaurant

HAVERHILL

Thursdays 7–8:30PM
Sacred Hearts Parish Hall
165 South Main St.
Bradford, MA

HOLYOKE

Thursdays 7–8:30PM
Providence Behavioral
Health Hospital
1233 Main St. (Route 5)
1st Floor Auditorium

HUDSON

Monday 7-8:30PM
Hudson Senior Center
29 Church St.

IPSWICH

Wednesdays 7–8:30PM
Immanuel Baptist Church
45 Central St.

LOWELL

Wednesdays 7–8:30PM
Lowell General Saints
Campus
1 Hospital Dr.
1st Floor Conf. Room

MARTHA'S VINEYARD

Wednesdays 6:30–
8:00PM
Martha's Vineyard Hosp.
1 Hospital Rd.
1st Floor Conf. Room

NEW BEDFORD

Tuesdays 7–8:30PM
St. Luke's Hospital
101 Page St.
White Home Building to
the right of ER

PITTSFIELD

Tuesdays 7–8:30PM
Berkshire Medical Center
Cancer Center HEAL
Community Room
165 Tor Ct.

PLYMOUTH

Mondays 7–8:30PM
Plymouth Recovery
Center
71 Obery St.

QUINCY

Tuesdays 7–8:30PM
A New Way Recovery
Center
85 Quincy Ave.
*Park as if going to
Citizen's Bank & enter
under white awning*

SALEM

Thursdays 7–8:30PM
Salem Hospital
81 Highland Ave.
Davenport Bldg.
Room 102A
*Use Children's Hospital
Entrance*

TAUNTON

Wednesdays
7–8:30PM
Parker Middle School
60 Williams St.
Library

TEWKSBURY

Tuesdays 7–8:30PM
Tewksbury Memorial
High School
320 Pleasant St.

WORCESTER

Thursdays 7–8:30PM
ADCARE Hospital
107 Lincoln St.
Conference Room:
BCRB, one floor down
from lobby

YARMOUTH

Tuesdays 7–8:30PM
Yarmouth Police
Headquarters
340 Higgins Crowell Rd
Community Room